

November 2026 Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 Daylight Saving Time ENDS- 'Fall Back', 1 hr. 1:15 Depart for "Come from Away" @ Elon, (R) VS 1:30 Worship*: Sermon by Mike Shannon GP 2:00 Holiday Lighted Balls Workshop CFT 3:00 TVAB Play Reading Group FSP	**02** 9:00 Tai Chi Broadcast* CH 2:00 Fireside Chat with April (R)-Rescheduled From October FSP 2:00 Watercolor with Debbie (R) AS	**03** 8:30 Depart for Men's Breakfast: The Park Restaurant, (R) VS 10:00 Depart for Aldi|Food Lion|CVS Pharmacy (R) VL 10:00 Transportation to VOTE at Turrentine MS (R) VS 1:00 LIFE@Elon (R) VS 2:00 Transportation to VOTE at Turrentine MS (R) VS 2:30 Crafty Villagers CFT 6:45 Depart for Fall Chorale Concert @ Elon, (R) VS	**04** 11:00 Lane Jewelers Watch Repair Clinic FSP 2:00 Comedy Hour: Jeanne Robertson FSP 4:00 $.25 Cent Bingo CR	**05** 8:30 Depart for Ladies' Breakfast: Carver's, Burlington, (R) VS 9:00 Tai Chi Broadcast* CH 10:00 Library Committee Meeting LIB 1:00 Turning Pages, Growing Faith Biblical Book Club (R) AS 1:30 Depart for Harris Teeter|Walmart|Walgreens (R) VL 1:30 Depart for Labyrinth Visit @ Well-Spring, (R) VS 2:00 Charcuterie Class w/ Chef Danny to Benefit RAF GP	**06** 9:30 Depart for Holiday Market & Lunch, Greensboro, (R) VS 12:30 Hearing Aid Clinic FSP 2:00 TVAB Annual Memorial Program GP	**07** 2:00 Canasta CR 2:00 The Great Courses FSP
08 1:30 Worship*: Sermon by Terry Rikard GP **2:00 Veterans Day 8th Annual Classic Cruise-In** WCP 2:00 Holiday Lighted Balls Workshop CFT	**09** Recycling Pick-up at Garden Homes / OnSite Dermatology at TVAB 9:00 Tai Chi Broadcast* CH 9:30 Depart for Trader Joe's, Chapel Hill & Lunch at Nantucket Grill, (R) VS 10:30 TVAB Photography Club FSP 2:00 Seasonal Crafts with Debbie (R) CFT 6:45 Depart for "Survival of the Friendliest" Lecture w/ Brian Hare @ Elon, (R) VS	**10** 9:15 Depart for Korners Folly 1878 Victorian House & Lunch, Kernersville, (R) VS 10:00 Depart for Aldi|Food Lion|CVS Pharmacy (R) VL 10:30 Resident Council Meeting** GP 1:00 LIFE@Elon (R) VS 2:30 Crafty Villagers CFT 4:00 Depart for The Dining Circle: Pho Hien Vuong Vietnamese & Thai Cuisine, Greensboro, (R) VS	**11** Veterans Day 10:30 TVAB Annual Veterans Day Program** GP 11:00 Catholic Service MR 2:00 Charcuterie Class w/ Chef Danny to Benefit Residents' Assistance Fund GP	**12** All Day Wear Purple for CJD Awareness Day CW 9:00 Tai Chi Broadcast* CH 11:00 Depart for Lunch Bunch: Toros Cantina, Mebane, (R) VS 1:00 Turning Pages, Growing Faith Biblical Book Club (R) AS 1:30 Depart for Harris Teeter|Walmart|Walgreens (R) VL 6:15 Depart UNC Clef Hangers @ Well-Spring, (R) VS	**13** 10:00 Jewelry Drive- Old Jewelry Collection to Benefit RAF FSP 2:00 Movie Matinee: The Wizard of Oz GP 6:45 Depart for Fall Jazz Concert @ Elon, (R) VS 7:00 Trivia Night to Benefit Residents' Assistance Fund (R) CR	**14** 1:00 Depart for Elon Football: Elon -vs- Campbell, (R) VS 2:00 Resident Led Bingo GP 2:00 The Great Courses FSP 3:15 Canasta CR
15 1:00 Depart for The Wizard of Oz @ Carolina Theatre, Greensboro, (R) VS 1:30 Worship*: Sermon by Travis Epperley GP 2:00 Holiday Lighted Balls Workshop CFT	**16** 9:00 Tai Chi Broadcast* CH 10:00 Edible Craft w/ Debbie (R) AS 11:00 Men Who Brunch: Danny's Café, (R) VS 3:00 Congratulations TVAB's Kintura Olympics Participants 2026! LP	**17** 9:30 Depart for Southern Supreme Fruitcake & Lunch in Pittsboro, (R) VS 10:00 Depart for Aldi|Food Lion|CVS Pharmacy (R) VL 1:00 LIFE@Elon (R) VS 2:30 Crafty Villagers CFT 6:45 Depart for "Our Songs, Our Stories", Elon, (R) VS	**18** 10:00 Paint HOPE Rocks for The Little Pink Houses of Hope CFT 11:00 Ladies' Who Brunch: Danny's Café, (R) VS 3:00 Give Thanks! Volunteer Recognition Social TVN	**19** 9:00 Depart for Old Salem: 2-Step Guided Tour & Lunch @ Muddy Creek Cafe, (R) VS 9:00 Tai Chi Broadcast* CH 1:00 Turning Pages, Growing Faith Biblical Book Club (R) AS 1:30 Depart for Harris Teeter|Walmart|Walgreens (R) VL 2:00 Care and Concern Committee MR 3:00 Parkinson's Support Group FSP	**20** 10:00 Bake Sale to Benefit Residents' Assistance Fund (RAF) VS 2:00 Friday with Friends with Jack Hjelt** GP 3:00 November Birthday Social sponsored by ABC TVN 6:45 Depart for Jane Austin's "Sense & Sensibility" @ Studio 1, Burlington, (R) VS	**21** 2:00 $.25 Cent TRIVIA Bingo GP 2:00 Canasta CR 2:00 The Great Courses FSP
22 1:30 Worship*: Sermon by Mike Shannon GP 2:00 Holiday Lighted Balls Workshop CFT	**23** Recycling Pick-up at Garden Homes 9:00 Tai Chi Broadcast* CH 9:30 Depart for Whole Foods & Lunch, (R) VS 11:00 Eagle Eye: Calendar Reading for Low Vision MR 2:00 Fireside Chat with April (R) FSP 3:00 Cranberry Day Social TVN	**24** December Activity Registration- 9 a.m. **10:00 Depart for Aldi|Food Lion|Harris Teeter CVS Pharmacy (R)** VL 10:00 Depart for Brunch Bunch: First Watch, (R) VS 10:00 Fairy Hair by Appointment AER 1:00 LIFE@Elon (R) VS 2:30 Crafty Villagers CFT	**25** 10:00 Caregiver Support Group FSP 11:00 Catholic Service MR 2:00 Movie Matinee: The Bucket List GP	**26** Thanksgiving Day 9:00 Tai Chi Broadcast* CH	**27** 	**28** 2:00 Resident Led Bingo GP 2:00 The Great Courses FSP 3:15 Canasta CR
29 1:30 Worship* Sermon by Mike Shannon GP 2:00 Holiday Lighted Balls Workshop CFT	**30** 9:00 Tai Chi Broadcast* CH 10:00 Christmas Cards Workshop w/ Stamps CFT 1:30 Depart for The Sweet Escape: Cheesecakes by Alex, Greensboro, (R) VS					

TVAB Campus Life Team Members:

Mary Faucette- Director of Campus Life- x8381

Shea Crutchfield- Campus Life Coordinator/ Off-Campus Activities-x8319

Debbie Itani- Life Enrichment Coordinator/ On- Campus Activities-x8303

Kristy Pardue- Wellness Coordinator/ Health & Wellness Related Activities- x8660

Meeting Places

AR	Activity Room
AER	Aerobics Room
LP	Al Fresco Patio
AS	Art Studio
CW	Campus Wide
CH	Channel 1390/130.2
CR	Club Room
CFT	Craft Room
ER	Exercise Room
FSP	Fireside Parlor
ILC	IL Clinic
LIB	Library
MR	Meditation Room
SP	Swimming Pool
GP	The Gathering Place
TVN	The Village Tavern
VL	Village Landing
VS	Village Square
WCP	Wellness Center Parking Lot

December Activity Registration:

Tuesday, November 24 @ 9am

Register on the Portal or contact a Campus Life team member

*** Activity will be broadcast on Channel 1391/130.2**

**** Activity will be broadcast & recorded**

(R) Registration required

November 2026 Wellness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 3:00 TVAB Play Reading Group FSP	**02** 9:00 Aerobics and Strength AER 9:00 Tai Chi Broadcast* CH 10:00 Better Balance AER 11:00 Fit & Flexible Pilates AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR 2:00 Water Volleyball SP 6:30 Game Night CR	**03** 9:00 Cardio Beats AER 10:30 Ladder Toss AER 10:30 Total Aquatic Fitness SP 2:00 Yoga on Your Mat AER 3:00 Penny Poker AR 3:00 Rummikub CR	**04** 8:00 Aerobics and Strength AER 9:00 Aerobics and Strength AER 10:00 Better Balance AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR 2:00 Chair Volleyball AER 4:00 $.25 Cent Bingo CR	**05** 9:00 Tai Chi Broadcast* CH 10:30 Corn Hole Toss AER 10:30 Total Aquatic Fitness SP 11:00 Tripoley CR 1:00 Beginner Line Dancing AER 1:30 Bridge CR 1:30 Line Dancing AER 6:30 Game Night CR	**06** 8:00 Aerobics and Strength AER 9:00 Aerobics and Strength AER 11:00 Pinochle CR 11:30 Chair Yoga AER 1:30 Bridge CR	**07** 2:00 Canasta CR
08 2:00 Veterans Day 8th Annual Classic Cruise-In WCP	**09** 9:00 Aerobics and Strength AER 9:00 Tai Chi Broadcast* CH 10:00 Better Balance AER 11:00 Fit & Flexible Pilates AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR 2:00 Water Volleyball SP 6:30 Game Night CR	**10** 9:00 Cardio Beats AER 10:30 Ladder Toss AER 10:30 Total Aquatic Fitness SP 2:00 Yoga on Your Mat AER 3:00 Penny Poker AR 3:00 Rummikub CR	Veterans Day **11** 8:00 Aerobics and Strength AER 9:00 Aerobics and Strength AER 10:00 Better Balance AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR	**12** 9:00 Tai Chi Broadcast* CH 10:30 Corn Hole Toss AER 10:30 Total Aquatic Fitness SP 11:00 Tripoley CR 1:30 Bridge CR 6:30 Game Night CR	**13** 8:00 Aerobics and Strength AER 9:00 Aerobics and Strength AER 10:00 Wellness Committee Meeting MR 11:00 Pinochle CR 11:30 Chair Yoga AER 1:30 Bridge CR	**14** 10:30 Mindfulness Meditation AER 2:00 Resident Led Bingo GP 3:15 Canasta CR
15	**16** 9:00 Aerobics and Strength AER 9:00 Tai Chi Broadcast* CH 10:00 Better Balance AER 11:00 Fit & Flexible Pilates AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR 2:00 Water Volleyball SP 6:30 Game Night CR	**17** 9:00 Cardio Beats AER 10:30 Ladder Toss AER 10:30 Total Aquatic Fitness SP 2:00 Yoga on Your Mat AER 3:00 Penny Poker AR 3:00 Rummikub CR	**18** 8:00 Aerobics and Strength AER 9:00 Aerobics and Strength AER 10:00 Better Balance AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR 2:00 Chair Volleyball AER	**19** 9:00 Tai Chi Broadcast* CH 10:30 Corn Hole Toss AER 10:30 Total Aquatic Fitness SP 11:00 Tripoley CR 1:00 Beginner Line Dancing AER 1:30 Bridge CR 1:30 Line Dancing AER 6:30 Game Night CR	Bake Sale **20** 8:00 Aerobics and Strength AER 9:00 Aerobics and Strength AER 11:00 Pinochle CR 11:30 Chair Yoga AER 1:30 Bridge CR	**21** 2:00 $.25 Cent TRIVIA Bingo GP 2:00 Canasta CR
22	**23** 9:00 Aerobics and Strength AER 9:00 Tai Chi Broadcast* CH 10:00 Better Balance AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR 2:00 Water Volleyball SP 6:30 Game Night CR	Fairy Hair/December Activity Registration **24** 9:00 Cardio Beats AER 10:00 Fairy Hair by Appointment AER 10:30 Ladder Toss AER 10:30 Total Aquatic Fitness SP 2:00 Yoga on Your Mat AER 3:00 Penny Poker AR 3:00 Rummikub CR	**25** 8:00 Aerobics and Strength AER 9:00 Aerobics and Strength AER 10:00 Better Balance AER 1:30 Mah-Jongg CR	Thanksgiving Day **26**	**27**	**28** 10:30 Mindfulness Meditation AER 2:00 Resident Led Bingo GP 3:15 Canasta CR
29	**30** 9:00 Aerobics and Strength AER 9:00 Tai Chi Broadcast* CH 10:00 Better Balance AER 11:00 Fit & Flexible Pilates AER 1:00 Tai Chi AER 1:30 Mah-Jongg CR 2:00 Water Volleyball SP 6:30 Game Night CR					

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VS	Village Square
WCP	Wellness Center Parking Lot

December Activity Registration

Begins:Tuesday, November 24th

Register on the Portal or contact a Campus Life Team Member.

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