


# Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	President's Day 16	Ramadan 17	Ash Wednesday 18	19	20	21
1:15 Depart for <i>Rent</i> , Elon Theatre (R), VS 1:30 Worship*, Sermon by Mike Shannon, GP	All Day Recycling Pick-up at Garden Homes, VS  9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 9:30 Depart for Trader Joe's, Greensboro & Breakfast, (R), VS 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Seasonal Crafts with Debbie (R), CFT 2:00 Water Volleyball, SP 6:30 Monday Night Movie: It's Complicated!, GP 6:30 Game Night, CR	9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Depart for Lunch Bunch: The Village Grill, (R), VS 1:00 Life @ Elon, VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Social, Celebrate Mardi Gras & the Chinese New Year, TVN  3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Black History Month Presentation: History of African Americans in Alamance County, GP  2:00 Chair Volleyball, AER 3:00 Technology Help with Christina Rhone (R), FSP	9:00 Tai Chi Broadcast*, CH 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoley, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 2:00 Care and Concern Committee, MR 3:00 Parkinson's Support Group, FSP 6:30 Game Night, CR 6:45 Depart for Elon: TUBA Skinny in Concert, (R), VS	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 9:30 Depart for African-American Cultural Arts & History Center Tour, Burlington (R), VS 10:00 Alzheimer's Prevention with Guest Speaker, Dr. Hemang Shah (R), GP 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR  Jim Furr's 100 <sup>th</sup> Surprise Birthday Party, Stratford East	10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR 6:45 Depart for Elon: Jazz Festival Concert with Roderick "Rev" Paulin, (R), VS
22	23	24	25	26	27	28
1:30 Worship*, Sermon by Terry Rikard, GP	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Eagle Eye Calendar Reading for Low Vision, MR 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Fireside Chat with April (R), FSP 2:00 Water Volleyball, SP 6:30 Game Night, CR	March Activity Registration Starts at 9:00AM  9:00 Cardio Beats, AER 10:00 New! Depart for Men Who Brunch: Whataburger, VS 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 1:00 Life @ Elon, (R), VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Equipment Training, ER 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Chair Volleyball, AER 4:00 \$.25 Cent Bingo, CR 6:15 Depart for Carolina Theatre: Taste of Ireland, VS	8:15 Depart for Ladies Breakfast: The Park Restaurant, (R), VS 9:00 Tai Chi Broadcast*, CH 10:00 Caregiver Support Group, FSP 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoley, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 6:00 First Presbyterian Church Carillon Choir, GP 6:15 Depart for Hell's Kitchen at Tanger Center (R), VS 6:30 Game Night, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Friday with Friends: Dag Edede-Nisseen-My Trip to Svalbard, GP 3:00 February Birthday Social sponsored by ABC, TVN 6:30 Depart for Vienna Boys Choir, Paramount Pop-Up, First Presbyterian Church (R), VS	2:00 Canasta, CR 2:00 The Great Courses, FSP
<div><div><div>The VILLAGE</div><div>AT BROOKWOOD</div></div><div></div></div>				March Activity Registration begins Tuesday, February 24  Register on the Portal or by calling Life Enrichment. See Event Descriptions for registration deadlines.  Please Contact: Mary Faucette 8381 Debbie Itani 8303 Shea Crutchfield 8319 Kristy Pardue 8660	Meeting Places  AER Aerobics Room AR Activity Room AS Art Studio CFT Craft Room CH Channel 1391/130.2 CR Club Room FSP Fireside Parlor GP Gathering Place LIB Library MR Meditation Room SP Swimming Pool TVN Village Tavern VL Village Landing VS Village Square	Key  * Activity will be broadcast on Channel 1391/130.2  ** Activity will be broadcast and recorded  R Registration is required