
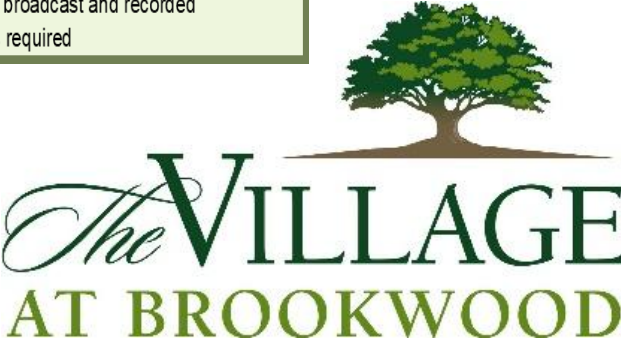


December 2025

Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
Meeting Places AER Aerobics Room AR Activity Room AS Art Studio CFT Craft Room CH Channel 1391/ 130.2 CR Club Room FSP Fireside Parlor GP Gathering Place LIB Library MR Meditation Room SP Swimming Pool TVN Village Tavern VL Village Landing VS- Village Square	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 10:00 Watercolor with Debbie (R), AS 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Death Cafe with Demi Gillen (R), FSP 2:00 Healthcare Q&A with Cindy Kroksh, GP 2:00 Water Volleyball, SP 6:30 Game Night, CR	9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:00 Dining Committee Meeting, MR 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 1:00 Life @ Elon, VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR 6:00 Depart for Elon Festival of Lights and Luminaries(R), VS	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 1:00 Bible Study with Mike Shannon, CFT 1:30 Mah-Jongg, CR 2:00 Watercolor w/ Debbie II (R) AS 4:00 \$.25 Cent Bingo, CR New Time and Location This Month!	On Site Dermatology by Appointment, ILC 9:00 Tai Chi Broadcast*, CH 10:00 Property Committee, MR 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Library Committee, LIB 11:00 Tripoly, CR 1:00 Beginner Line Dancing, WC 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 5:30 Depart for Christmas by Candlelight in Historic Glencoe (R), VS 6:30 Game Night, CR	9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 12:30 Hearing Aid Clinic, FSP 1:30 Bridge, CR	10:00-2:00 TVAB Annual Campus - Wide Merry Market 
7	8	9	10	11	12	13
1:30 Worship*, GP Sermon by: Travis Epperley	All Day Recycling Pick-up at Garden Homes 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Water Volleyball, SP 3:00 Train Your Brain w/Debbie: Memory and Recollection Games, TVN 6:30 Monday Night Movie: The Holiday, GP 6:30 Game Night, CR	8:15 Women's Breakfast: Angelina's Cafe (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:00 Fairy Hair by Appt., WC 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR 3:15 Donations Accepted for The Crew, CRW 3:30 The Crew's 1/2 Price Estate Sale at TVAB, Friends & Family	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Catholic Service, MR 11:00 Depart for Holiday Lunch Bunch: Prego's (R), VS 1:30 Mah-Jongg, CR 3:00 Season's Best Carolers Holiday Event at TVAB, GP 3:00 AI Technology Series with Christina Rhone, FSP 4:00 \$.25 Cent Bingo, CR	9:00 Tai Chi Broadcast*, CH 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Episcopal Service, MR 11:00 Tripoly, CR 1:00 Beginner Line Dancing, WC 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 6:00 Depart for Alamance Chorale Christmas Concert at Grove Park Baptist Church(R), VS 6:15 Depart for The Outsiders at Tanger Center (R), VS 6:30 Game Night, CR	8:45 Depart for Self-Guided Tour of Executive Mansion, Raleigh, NC (R), VS 9:00 Aerobics and Strength, AER 10:00 Wellness Committee, MR 10:30 Williams High School Orchestra Holiday Presentation at TVAB*, GP 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Holiday Movie Matinee: A Christmas Story, GP	10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR 6:30 Depart for The Burlington School 19th Annual Holiday Event at Whitley Auditorium, Elon, (R),VS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
1:30 Worship*, GP Sermon by: Terry Rikard	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 9:30 Depart for Shopping at Trader Joe's, Greensboro (R), VS 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Seasonal Craft with Debbie (R), CFT 2:00 Water Volleyball, SP 6:30 Game Night, CR	8:15 Men's Breakfast: Angelina's Cafe (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 TVAB Remembers Annual Memorial Program, GP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 9:30 Resident Appreciation: Sugar and Spice for Everything You Do Nice, GP 10:00 Better Balance, AER 10:30 Coffee and Campus Updates**, GP 1:00 Caregiver Support Group, FSP- New Time this Month! 1:30 Mah-Jongg, CR 2:00 Alzheimer Association Empowered Caregiver Series: "Exploring Care and Support Services", GP 3:00 Tech Help w/ Christina Rhone (R), FSP	9:00 Tai Chi Broadcast*, CH 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:00 Beginner Line Dancing, WC 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 2:00 Care and Concern Committee, MR 3:00 Bingo with Prizes sponsored by Always Best Care (R), TVN 3:00 Parkinson's Support Group, FSP 6:30 Game Night, CR	9:00 Aerobics and Strength, AER 10:30 Depart for Shopping and Lunch at Wegman's (R), VS 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Friday with Friends: Sailing on a Dream- A 7,000 Mile Journey Through the Caribbean w/ Dick & Jackie Shulman, GP 3:00 December Birthday Party sponsored by Always Best Care Senior Services, TVN	2:00 Canasta, CR 2:00 The Great Courses, FSP
21	22	23	24	25	26	27
1:30 Christmas Service, GP, Sermon by: Mike Shannon 3:00 Piano Recital with Meredith Juengel's Piano Students, GP	All Day Recycling Pick-up at Garden Homes 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Eagle Eye, MR 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Fireside Chat with April, (R), FSP 2:00 Water Volleyball, SP 4:00 Holiday Sing-Along Around the Piano with Warren Webster, GP 6:30 Game Night, CR	January Activity Registration Starts at 9:00AM 9:00 Cardio Beats, AER 10:00 Depart for Aldi /Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 1:30 Depart for Harris Teeter and Walmart (R), VL 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:30 Mah-Jongg, CR		11:00 Pinochle, CR 1:30 Bridge, CR	10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR
28	29	30	31	<div><div>January Activity Registration begins Tuesday, December 23 at 9:00am Register on the Portal or by calling Life Enrichment. See Event Descriptions for registration deadlines. Please contact: Mary Faucette x8381 Debbie Itani x8303 Kristy Pardue x8660 Shea Crutchfield x8400</div><div><div>Key</div><div>* Activity will be broadcast on Channel 1391/130.2</div><div>** Activity will be broadcast and recorded</div><div>(R) Registration is required</div></div><div></div></div>		
1:30 Worship*, GP Sermon by: Mike Shannon	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Water Volleyball, SP 6:30 Game Night, CR	9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 7:00 Ring in the New Year in Style! New Year's Eve Party (R), GP			

