


January 2026

Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
<div>Meeting Places AER Aerobics Room AR Activity Room AS Art Studio CFT Craft Room CH Channel 1391/ 130.2 CR Club Room FSP Fireside Parlor GP Gathering Place LIB Library MR Meditation Room SP Swimming Pool TVN Village Tavern VL Village Landing VS Village Square</div>	<div>February Activity Registration begins Tuesday, February 27th at 9:00am Register on the Portal or by calling Life Enrichment. See Event Descriptions for registration deadlines. Please contact: Mary Faucette x8381 Debbie Itani x8303 Kristy Pardue x8660 Shea Crutchfield x8319</div>				<div>9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 12:30 Hearing Aid Clinic, FSP 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Bridge, CR</div>	<div>2:00 Canasta, CR 2:00 The Great Courses, FSP</div>
4	5	6	7	8	9	10
<div>1:30 Worship*, Sermon by Travis Epperley, GP</div>	<div>All Day Recycling Pick-up at Garden Homes 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Death Cafe with Demi Gillen (R), FSP 2:00 Water Volleyball, SP 6:30 Game Night, CR</div>	<div>9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:00 Dining Committee Meeting, MR 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 TVAB Speaker Series: The Use of Drones in Law Enforcement, GP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR</div>	<div>8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 10:30 New Resident Orientation (R), FSP 1:30 Mah-Jongg, CR 4:00 \$.25 Cent Bingo (R), CR</div>	<div>9:00 Property Committee Meeting, MR 9:00 Tai Chi Broadcast*, CH 10:00 Upstairs Singers 2026, GP 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Library Committee Meeting, LIB 11:00 Episcopal Service, MR 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 5:30 Depart for Elon - Kwame Anthony Appiah, (R), VS 6:15 Depart for Les Misérables at Tanger Center (R), VS 6:30 Game Night, CR</div>	<div>8:00 New Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Wellness Committee Meeting, MR 10:30 Depart for Shopping and Lunch at Wegman's (R),VS 11:00 Pinochle, CR 11:00 Chair Yoga, AER 12:30 Hearing Aid Clinic, FSP 1:30 Bridge, CR 2:00 Movie Matinee: Hidden Figures, GP</div>	<div>10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR</div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
1:30 Worship*, Sermon by Terry Rikard, GP	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 9:30 Depart for Shopping at Trader Joe's, Greensboro & Breakfast (R), VS 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Watercolor with Debbie (R), AS 2:00 Water Volleyball, SP 6:30 Monday Movie Matinee: Miracle, GP 6:30 Game Night, CR	8:15 Women's Breakfast: Cracker Barrel (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Resident Council Meeting**, GP 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR 4:00 Piano Concert, Robert Buxton, GP	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 9:00 Mingle with Marketing: Revised Resident Transfer Program at TVAB, GP 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:30 Mah-Jongg, CR 2:00 Artificial Intelligence Series: Staying Safe with AI, GP 4:00 Rosebuds Dancing Company at TVAB, GP	9:00 Tai Chi Broadcast*, CH 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Depart for Lunch Bunch: LongHorn Steakhouse (R), VS 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 2:00 Care and Concern Committee, MR 3:00 Parkinson's Support Group, FSP 6:30 Game Night, CR	8:00 New Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR	2:00 Canasta, CR 2:00 The Great Courses, FSP
18	19	20	21	22	23	24
12:30 Depart for Greensboro Symphony: Schubert's Octet (R), VS 1:30 Worship*, Sermon by Mike Shannon, GP	All Day Recycling Pick-up at Garden Homes, VS 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Fireside Chat with April (R), FSP 2:00 Water Volleyball, SP 6:30 Game Night, CR	9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Winter Social: Hot Cocoa with Toppings, TVN 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 BACA Committee Meeting, ADM 10:00 Better Balance, AER 12:00 The Big Red Bus Blood Donation Event (R), VP 1:30 Mah-Jongg, CR 3:00 Tech Help with Christina Rhone (R), FSP	9:00 Tai Chi Broadcast*, CH 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 6:30 Game Night, CR	8:00 New Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Friday with Friends: -Jim McAdams- My Career in Law Enforcement from Miami to the White House**, GP 3:00 January Birthday Social sponsored by ABC, TVN 6:15 Depart for Bobby Conte at Well-Spring (R), VS	10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR
25	26	27	28	29	30	31
1:30 Worship*, Sermon by Terry Rikard, GP	8:30 Depart for Van Gogh: The Immersive Experience & Lunch, Winston (R), VS 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Eagle Eye Calendar Reading for Low Vision, MR 11:00 Fit & Flexible Pilates, AER 1:30 Mah-Jongg, CR 2:00 Seasonal Craft with Debbie (R), CFT 2:00 Water Volleyball, SP 6:30 Game Night, CR	February Activity Registration Starts at 9:00AM 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 NEW Ladies Who Brunch: Angelina's Cafe (R), VS 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:30 Mah-Jongg, CR 2:00 Portal Training with Pam Barefoot, GP 4:00 \$.25 Cent Bingo (R), CR	8:15 Men's Breakfast: Skid's Elon, VS 9:00 Tai Chi Broadcast*, CH 10:00 Caregiver Support Group, FSP 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 6:15 Depart for Shucked at Tanger Center (R), VS 6:30 Game Night, CR	8:00 New Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 6:15 Depart for UNC Clef Hangers at Well-Spring (R), VS	2:00 Canasta, CR 2:00 The Great Courses, FSP <div> <div>Key</div> <div> * Activity will be broadcast on Channel 1391/130.2 </div> <div> ** Activity will be broadcast and recorded </div> <div> R Registration is required </div> </div>