



November

2025 Activities Calendar

Saturday 1

10:30 Mindfulness Meditation, AER
2:00 The Great Courses, FSP
2:00 Resident Led Bingo, GP
3:15 Canasta, CR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	7	8
1:30 Worship*, GP Sermon by: Leslie Peavy	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 9:00 Depart for Shopping at Trader Joe's, Greensboro and Breakfast (R), VS 10:00 Pickleball- New Time! PC 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Death Cafe with Demi Gillen(R), FSP 2:00 Water Volleyball, SP 6:30 Game Night, CR	8:30 Women's Breakfast: Angelina's Cafe (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi /Food Lion (R), VL 10:00 Dining Committee, MR 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 1:00 Life @ Elon, VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Fairy Hair by Appointment (R), WC 10:00 Better Balance, AER 10:30 New Resident Orientation, FSP 1:00 Mother Roots Bible Study w/ Chaplain Mike Shannon, CFT 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Shuffleboard- NEW !, SC-P 6:00 Depart for United States Army Jazz Band Ambassadors at Elon University, (R) VS	8:00 TVAB Employee Council Pancake Breakfast, GP 9:00 On Site Dermatology (R), ILC 10:00 Pickleball- New Time!, PC 10:00 Property Committee, MR 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Library Committee, LIB 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 6:30 Depart for An American in Paris at Elon (R), VS 6:30 Game Night, CR	8:45 Depart for Holiday Market at Greensboro Coliseum & Lunch at Stamey's BBQ (R), VS 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 12:30 Hearing Aid Clinic, FSP 1:30 Bridge, CR 2:00 Movie Matinee: Mona Lisa Smile, GP	2:00 Canasta, CR 2:00 The Great Courses, FSP
9	10	11	12	13	14	15
1:30 Worship*, GP Sermon by: TBD 2:00 Veterans Day 8th Annual TVAB Classic Cruise-In, WCP	All Day Recycling Pick-up at Garden Homes 8:45 Depart for Tour of Murals at UNC and Lunch, Chapel Hill (R), VS 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Pickleball, PC 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Water Volleyball, SP 2:00 Watercolor with Debbie (R), AS 6:30 Monday Movie Night: A Few Good Men, GP 6:30 Game Night, CR	9:00 Cardio Beats, AER 10:00 Depart for Aldi / Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 TVAB Annual Veterans Day Program**, GP 10:30 Total Aquatic Fitness, SP 1:00 Life @ Elon, VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR 3:30 Resident Council Meeting**, GP	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 10:30 Depart for Shopping and Lunch at Wegman's (R), VS 11:00 Catholic Service, MR 1:00 Mother Roots Bible Study w/ Chaplain Mike Shannon, CFT 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Shuffleboard- NEW!, SC-P 3:00 Artificial Intelligence Series: Smart Phones & Apps., GP 7:00 Dessert & Devotion with Leslie Peavy, FSP	8:15 Men's Breakfast: Grill Worx (R), VS 9:00 Tai Chi Broadcast*, CH 10:00 Pickleball, PC 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Episcopal Service, MR 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 3:00 \$.25 Cent Bingo, TVN 6:00 Broadway to Greensboro at Well-Spring: Sierra Boggess in Concert (R), VS 6:30 Game Night, CR	9:00 Depart for Southern Supreme Fruitcake and Gourmet Specialties, Bear Creek, NC (R), VS 9:00 Aerobics and Strength, AER 10:00 Wellness Committee, MR 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 3:00 TVAB Speaker Series*: "The Joy in the Journey" w/ Royce Allegretto, GP	10:30 Mindfulness Meditation, AER 2:00 Resident Led Bingo, GP 3:15 Canasta, CR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																														
16	17	18	19	20	21	22																														
1:30 Worship*, GP Sermon by: Travis Epperley	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Pickleball, PC 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Seasonal Craft with Debbie (R), CFT 2:00 Water Volleyball, SP 6:30 Game Night, CR	8:15 Women’s Breakfast: The Park (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi / Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 1:00 Life @ Elon, VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Harpsichord Music with Steve Hilton, GP 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Brunch Bunch: First Watch, Burlington (R), VS 10:00 Better Balance, AER 1:00 Mother Roots Bible Study with Chaplain Mike Shannon, CFT 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Alzheimer's Assoc. Empowered Caregiver Series**, GP 2:00 Shuffleboard- NEW!, SC-P 2:45 Depart for North Carolina Chinese Lantern Festival, Cary (R), VS 3:00 Tech Help with Christina Rhones (R), FSP	9:00 Tai Chi Broadcast*, CH 10:00 Pickleball, PC 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 2:00 Care and Concern Committee, MR 3:00 \$.25 Cent Bingo, TVN 3:00 Parkinson's Support Group, FSP 6:30 Game Night, CR	8:15 Men's Breakfast: The Park (R), VS 9:00 Aerobics and Strength, AER 10:00 The Crew Seasonal Bake Sale at TVAB, Outside GP 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Movie Matinee: When Harry Met Sally, GP 3:00 November Birthday Party sponsored by Always Best Care Senior Services, TVN	2:00 Canasta, CR																														
23	24	25	26	27	28	29																														
1:30 Worship*, GP Sermon by: John Paderson	All Day Recycling Pick-up at Garden Homes 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Pickleball, PC 10:00 Better Balance, AER 11:00 Eagle Eye, MR 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Fireside Chat with April (R), FSP 2:00 Water Volleyball, SP 3:00 Train Your Brain w/ Debbie, TVN 6:30 Game Night, CR	December Activity Registration Starts at 9:00am 9:00 Cardio Beats, AER 10:00 Depart for Aldi / Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 1:00 Life @ Elon, VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER 10:00 Caregiver Support Group, FSP 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 2:00 Shuffleboard- NEW!, SC-P	Happy Thanksgiving Departmental Closures 	8:30 Depart for Craftmen's Christmas Classic, Greensboro, (R) VS 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR	10:30 Mindfulness Meditation, ER 2:00 Resident Led Bingo, GP 3:15 Canasta, CR																														
30	1:30 Worship*, GP Sermon by: Mike Shannon, TVAB Chaplain December Activity Registration begins Tuesday, November 25 at 9:00am Register on the Portal or by calling Life Enrichment See Event Descriptions for registration deadlines. Please contact Life Enrichment if you Have any questions or need assistance. Mary Faucette X8381 Debbie Itani X8303 Kristy Pardue X8660 Shea Crutchfield X8400 Key * Activity will be broadcast on Channel 1391/130.2 ** Activity will be broadcast and recorded (R) Registration is required Meeting Places <table><tr><td>AER</td><td>Aerobics Room</td><td>CR</td><td>Club Room</td><td>PC</td><td>Pickleball Court</td></tr><tr><td>AR</td><td>Activity Room</td><td>FSP</td><td>Fireside Parlor</td><td>SP</td><td>Swimming Pool</td></tr><tr><td>AS</td><td>Art Studio</td><td>GP</td><td>Gathering Place</td><td>TVN</td><td>Village Tavern</td></tr><tr><td>CFT</td><td>Craft Room</td><td>LIB</td><td>Library</td><td>VL</td><td>Village Landing</td></tr><tr><td>CH</td><td>Channel 1391/130.2</td><td>MR</td><td>Meditation Room</td><td>VS</td><td>Village Square</td></tr></table> 						AER	Aerobics Room	CR	Club Room	PC	Pickleball Court	AR	Activity Room	FSP	Fireside Parlor	SP	Swimming Pool	AS	Art Studio	GP	Gathering Place	TVN	Village Tavern	CFT	Craft Room	LIB	Library	VL	Village Landing	CH	Channel 1391/130.2	MR	Meditation Room	VS	Village Square
AER	Aerobics Room	CR	Club Room	PC	Pickleball Court																															
AR	Activity Room	FSP	Fireside Parlor	SP	Swimming Pool																															
AS	Art Studio	GP	Gathering Place	TVN	Village Tavern																															
CFT	Craft Room	LIB	Library	VL	Village Landing																															
CH	Channel 1391/130.2	MR	Meditation Room	VS	Village Square																															

