




# September

## 2025 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
 <p>The VILLAGE AT BROOKWOOD — A WellSpring Group Life Plan Community —</p>	<p><b>Labor Day Observed</b></p>  <p>Recycling Pick-up at Garden Homes</p>	<p>9:00 Cardio Beats, AER  <b>10:00 Depart for Aldi/Food Lion (R), VL</b>            10:00 Dining Committee, MR            10:30 Ladder Toss, AER            10:30 Total Aquatic Fitness, SP  <b>2:00 Apple Pie a la Mode Social, TVN</b>            2:00 Yoga on Your Mat, AER            2:30 Crafty Villagers, CFT            3:00 Penny Poker, AR            3:00 Rummikub, CR</p>	<p>8:00 Aerobics and Strength, AER            9:00 Aerobics and Strength, AER            10:00 Better Balance, AER  <b>10:30 New Resident Orientation, FSP</b>            1:00 Tai Chi, AER            1:30 Mah-Jongg, CR            2:15 Chair Volleyball, AER  <b>3:00 Train Your Brain: It's Apple Time! TVN</b></p>	<p>7:30 Pickleball, PC            9:00 Tai Chi Broadcast*, CH            10:00 Property Committee, MR            10:30 Corn Hole Toss, AER            10:30 Total Aquatic Fitness, SP            11:00 Library Committee, LIB            11:00 Tripoly, CR            1:30 Bridge, CR  <b>1:30 Depart for Harris Teeter and Walmart (R), VL</b>            1:30 Line Dancing, AER            3:00 .25 Cent Bingo, TVN  <b>6:15 Depart for Beetlejuice at Tanger Center (R), VS</b>            6:30 Game Night, CR</p>	<p><b>9-11 Hinton Farms Market At TVAB, VS Lobby</b>            9:00 Aerobics &amp; Strength, AER            11:00 Pinochle, CR            11:00 Chair Yoga, AER            12:30 Hearing Aid Clinic, FSP            1:30 Bridge, CR  <b>2:00 Grandparents' Day Sweet Treat, sponsored by Always Best Care, VS</b>  <b>5:00 Depart for An Evening with Babar and Friends: A Faculty Recital of French and American Music at Elon University (R), VS</b></p>	<p>10:30 Mindfulness Meditation, AER            2:00 The Great Courses, FSP            2:00 Resident Led Bingo, GP            3:15 Canasta, CR            7:00 Pickleball, PC</p>
7	8	9	10	11	12	13
<p>1:30 Worship*, GP            Sermon by: <b>Travis Epperley</b></p>	<p>7:30 Pickleball, PC  <b>9:00 Depart for Trip to State Farmer's Market and Lunch at The Market, Raleigh (R), VS</b>            9:00 Tai Chi Broadcast*, CH            9:00 Aerobics and Strength, AER            10:00 Better Balance, AER            11:00 Fit &amp; Flexible Pilates, AER            1:00 Tai Chi, AER            1:30 Mah-Jongg, CR  <b>2:00 Death Cafe with Demi Gillen (R), FSP</b>            2:00 Water Volleyball, SP            6:30 Game Night, CR</p>	<p><b>8:15 Women's Breakfast: The Park, (R), VS</b>            9:00 Cardio Beats, AER  <b>10:00 Depart for Aldi/Food Lion (R), VL</b>            10:30 Ladder Toss, AER            10:30 Resident Council Meeting**, GP            10:30 Total Aquatic Fitness, SP  <b>1:00 Life @ Elon (R), VS</b>            2:00 Yoga on Your Mat, AER            2:30 Crafty Villagers, CFT            3:00 Penny Poker, AR            3:00 Rummikub, CR            3:15 Donations Accepted for The Crew, CRW</p>	<p>8:00 Aerobics and Strength, AER  <b>9:00 Depart TopGolf Outing and Lunch on Site, Greensboro (R) VS</b>            9:00 Aerobics and Strength, AER            10:00 Better Balance, AER            11:00 Catholic Service, MR  <b>1:00 Life @ Elon (R), VS</b>            1:00 Tai Chi, AER            1:30 Mah-Jongg, CR  <b>2:00 TVAB Speaker Series: Artificial Intelligence (AI) in Your Everyday Life, ** GP</b>            2:15 Chair Volleyball, AER            6:30 Ballet with Betsy Bullen, FSP</p>	<p>7:30 Pickleball, PC  <b>8:15 Men's Breakfast: IHOP, Burlington (R), VS</b>            9:00 Tai Chi Broadcast*, CH            10:00 Fairy Hair by Appointment, WC            10:30 Corn Hole Toss, AER            10:30 Total Aquatic Fitness, SP            11:00 Episcopal Service, MR            11:00 Tripoly, CR            1:30 Bridge, CR  <b>1:30 Depart for Harris Teeter and Walmart (R), VL</b>            1:30 Line Dancing, AER            3:00 .25 Cent Bingo, TVN            6:30 Game Night, CR</p>	<p><b>9:00 Hinton Farms Market at TVAB, VS Lobby</b>            9:00 Aerobics and Strength, AER            10:00 Wellness Committee Meeting, MR  <b>10:30 Shopping and Lunch at Wegman's, Chapel Hill (R), VS</b>            11:00 Pinochle, CR            11:00 Chair Yoga, AER            1:30 Bridge, CR  <b>2:00 Movie Matinee: Remember the Titans, GP</b></p>	<p>2:00 Canasta, CR            2:00 The Great Courses, FSP            7:00 Pickleball, PC</p>



14	15	16	17	18	19	20
1:30 Worship*, GP Sermon by: <b>Terry Rikard</b>	7:30 Pickleball, PC 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Water Volleyball, SP <b>2:00 Watercolor with Debbie (R), AS</b> <b>6:30 Monday Night Movie: Nonnas, GP</b> 6:30 Game Night, CR  Recycling Pick-up at Garden Homes	9:00 Cardio Beats, AER <b>10:00 Depart for Aldi/ Food Lion (R), VL</b> 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP <b>1:00 Life @ Elon (R), VS</b> 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER <b>9:00 Depart for 2STEP Tour of Old Salem and Lunch at Muddy Creek Café, (R), VS</b> 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER <b>1:00 Life @ Elon (R), VS</b> 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR <b>2:00 Alzheimer's Association Empowered Caregiver Series**, GP</b> 2:15 Chair Volleyball, AER <b>3:00 Technology Help Session with May Memorial Library, FSP</b> 7:00 Dessert and Devotion with Leslie Peavy, FSP	7:30 Pickleball, PC 9:00 Tai Chi Broadcast*, CH 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR <b>1:30 Depart for Harris Teeter and Walmart (R), VL</b> 1:30 Line Dancing, AER 2:00 Care and Concern Committee Meeting, MR <b>2:00 Ed Higgins' 100<sup>th</sup> Birthday Party, GP</b> 3:00 Parkinson's Support Group, FSP 6:30 Game Night, CR	9:00 Aerobics and Strength, AER <b>11:00 Lunch Bunch: Crazy Mexico Restaurant, Burlington (R), VS</b> 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR <b>2:00 Movie Matinee: Frozen, GP</b>	10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR <b>6:00 Depart for Broadway to Greensboro at Well-Spring: Santino Fontana (R), VS</b> 7:00 Pickleball, PC
21	22	23	24	25	26	27
1:30 Worship*, GP Sermon by: <b>John Paderon</b>	7:30 Pickleball, PC <b>9:00 Depart for Shopping at Trader Joe's, Greensboro and Breakfast (R), VS</b> 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER <b>11:00 Eagle Eye Calendar Reading for Low Vision, MR</b> 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR <b>2:00 Seasonal Craft with Debbie (R), CFT</b> 2:00 Water Volleyball, SP 6:30 Game Night, CR	<b>October Registration Begins 8am</b> <b>8:15 Women's Breakfast: Angelina's Cafe, (R), VS</b> 9:00 Cardio Beats, AER <b>10:00 Depart for Aldi/Food Lion (R), VL</b> 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP <b>1:00 Life @ Elon (R), VS</b> <b>2:00 Jill Davis presents: "Prediabetes-Act Now"', GP</b> 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics and Strength, AER 9:00 Aerobics and Strength, AER <b>10:00 Depart for Trip to Millstone Creek Orchards, Ramseur and Lunch at the Cowboy Cafe, Siler City (R), VS</b> 10:00 Better Balance, AER 11:00 Catholic Service, MR <b>1:00 Life @ Elon (R), VS</b> 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:15 Chair Volleyball, AER 6:30 Ballet with Betsy Bullen, FSP	7:30 Pickleball, PC <b>8:15 Men's Breakfast: The Park, (R), VS</b> 9:00 Tai Chi Broadcast*, CH 10:00 Caregiver Support Group, FSP 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR <b>1:30 Depart for Harris Teeter and Walmart (R), VL</b> 1:30 Line Dancing, AER <b>2:00 Workshop w/ Ann Wooten: Preserving the Past, Sharing the Story, (R), CFT</b> 6:15 <b>Depart for Beauty and The Beast at Tanger Center (R), VS</b> 6:30 Game Night, CR	9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR <b>2:00 Friday with Friends: Betsy Anderson- Living Among The Stone Age People of Papua New Guinea**, GP</b> <b>3:00 September Birthday Party sponsored by Always Best Care Senior Services, TVN</b>	9:00 Walk to End Alzheimer's, VS 2:00 Canasta, CR 2:00 The Great Courses, FSP 7:00 Pickleball, PC
28	29	30				
1:30 Worship*, GP Sermon by: <b>Lesley Peavy</b>	7:30 Pickleball, PC 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR <b>2:00 Fireside Chat with April, (R), FSP</b> 2:00 Water Volleyball, SP 6:30 Game Night, CR  Recycling Pick-up at Garden Homes	9:00 Cardio Beats, AER <b>10:00 Depart for Aldi/Food Lion, (R), VL</b> 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP <b>1:00 Life @ Elon, (R), VS</b> 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR <b>6:30 Elon University Lyceum Series Presents: Fiachra Garvey Piano Concert (R), VS</b>	<div><div>KEY</div><div><div>* Activity will be broadcast on Channel 1391/130.2</div><div>** Activity will be broadcast and recorded</div><div>(R) Registration is required</div></div></div> <div><div>MEETING PLACES</div><div><div>AER Aerobics Room</div><div>CR Club Room</div><div>PC Pickleball Court</div><div>AR Activity Room</div><div>FSP Fireside Parlor</div><div>SP Swimming Pool</div><div>AS Art Studio</div><div>GP Gathering Place</div><div>TVN Village Tavern</div><div>CFT Craft Room</div><div>LIB Library</div><div>VL Village Landing</div></div></div> <div><div>October activity registration begins Tuesday, September 23<sup>rd</sup> at 9:00am.</div><div>Register on the portal or by calling Life Enrichment. See Event Descriptions for registration deadlines.</div><div>Please contact Life Enrichment if you Have any questions or need assistance.</div><div><div>Debbie Itani X8303</div><div>Shea Crutchfield X8400</div><div>Kristy Pardue X8660</div></div></div> <div><div>The VILLAGE AT BROOKWOOD — A Well-Spring Group Life Plan Community —</div></div>			