


August

2025 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																														
<div></div> <div>August activity registration begins Tuesday, July 29th at 9:00am. Register on the portal or by calling Life Enrichment. See Event Descriptions for registration deadlines.</div> <div>Please contact Life Enrichment if you Have any questions or need assistance.</div> <div><div>Debbie ItaniX8303Michelle BurgerX8381Kristy PardueX8660</div><div>Meeting Places<table><tr><td>AER</td><td>Aerobics Room</td><td>CR</td><td>Club Room</td><td>PC</td><td>Pickleball Court</td></tr><tr><td>AR</td><td>Activity Room</td><td>FSP</td><td>Fireside Parlor</td><td>SP</td><td>Swimming Pool</td></tr><tr><td>AS</td><td>Art Studio</td><td>GP</td><td>Gathering Place</td><td>TVN</td><td>Village Tavern</td></tr><tr><td>CFT</td><td>Craft Room</td><td>LIB</td><td>Library</td><td>VL</td><td>Village Landing</td></tr><tr><td>CH</td><td>Channel 1391/130.2</td><td>MR</td><td>Meditation Room</td><td>VS</td><td>Village Square</td></tr></table><div>Key<div>*Activity will be broadcast on Channel 1391/130.2**Activity will be broadcast and recorded(R)Registration is required</div></div></div></div>					AER	Aerobics Room	CR	Club Room	PC	Pickleball Court	AR	Activity Room	FSP	Fireside Parlor	SP	Swimming Pool	AS	Art Studio	GP	Gathering Place	TVN	Village Tavern	CFT	Craft Room	LIB	Library	VL	Village Landing	CH	Channel 1391/130.2	MR	Meditation Room	VS	Village Square	1 <div>9-11 Hinton Farms Market at TVAB, VS Lobby 9:00 Aerobics & Strength, AER 9:30 Depart for Dorothea Dix Park Sunflower Field and Lunch at Tupelo Honey (R), VS 11:00 Pinochle, CR 11:00 Chair Yoga, AER 12:30 Hearing Aid Clinic, FSP 1:30 Bridge, CR</div>	2 <div>2:00 Canasta, CR 2:00 The Great Courses, FSP 7:00 Pickleball, PC</div>
					AER	Aerobics Room	CR	Club Room	PC	Pickleball Court																										
AR	Activity Room	FSP	Fireside Parlor	SP	Swimming Pool																															
AS	Art Studio	GP	Gathering Place	TVN	Village Tavern																															
CFT	Craft Room	LIB	Library	VL	Village Landing																															
CH	Channel 1391/130.2	MR	Meditation Room	VS	Village Square																															
3 <div>1:30 Worship*, GP Sermon by: TBD 3:00 Holiday Lighted Balls Workshop, CFT</div>	4 <div>7:30 Pickleball, PC 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics & Strength, AER 10:00 Depart for Saxapahaw Museum and Lunch at Saxapahaw General Store (R), VS 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Death Cafe (R), FSP 2:00 Water Volleyball, SP 6:30 Game Night, CR Recycling Pick-up at Garden Homes</div>	5 <div>8:15 Women's Breakfast: Angelina's (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 1:30 Depart for Homeland Creamery, Julian (R), VS 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR</div>	6 <div>8:00 Aerobics & Strength, AER 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:15 Chair Volleyball, AER 2:15 Holiday Lighted Balls Workshop, CFT 3:00 Train Your Brain: Summertime Memory and Recollection Games, TVN 6:30 Ballet with Betsy Bullen, FSP</div>	7 <div>7:30 Pickleball, PC 8:15 Men's Breakfast: Carver's (R), VS 9:00 Tai Chi Broadcast*, CH 10:00 Property Committee, MR 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Library Committee, LIB 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 3:00 \$.25 Cent Bingo (R), TVN 6:30 Game Night, CR</div>	8 <div>9-11 Hinton Farms Market at TVAB, VS Lobby 9:00 Aerobics & Strength, AER 10:00 Wellness Committee, WC 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Movie Matinee: August Rush, GP</div>	9 <div>10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR 7:00 Pickleball, PC</div>																														

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
1:30 Worship*, GP Sermon by: Leslie Peavy 3:00 Holiday Lighted Balls Workshop, CFT	7:30 Pickleball, PC 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 10:30 Depart for Shopping and Lunch at Wegman's (R), VS 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Water Volleyball, SP 2:00 Watercolor with Debbie (R), AS 6:30 Monday Movie Night: Bullitt, GP 6:30 Game Night, CR	9:00 Depart for Top Golf & Lunch (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Resident Council Meeting**, GP 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics & Strength, AER 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 "Demystifying Death: Navigating the End of Life" by Heartwood Bereavement Care**, GP 2:15 Chair Volleyball, AER 2:15 Holiday Lighted Balls Workshop, CFT 3:00 Creamsicle Day Social, Al Fresco Patio 7:00 Dessert and Devotion with Leslie Peavy, FSP	7:30 Pickleball, PC 9:00 Tai Chi Broadcast*, CH 10:00 Brunch Bunch: First Watch (R), VS 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Episcopal Service, MR 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 2:00 Wellness Center Open House, WC 6:30 Game Night, CR	9-11 Hinton Farms Market at TVAB, VS Lobby 9:00 Aerobics & Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Movie Matinee: Jaws, GP	2:00 Canasta, CR 2:00 The Great Courses, FSP 7:00 Pickleball, PC
17	18	19	20	21	22	23
1:30 Worship*, GP Sermon by: Terry Rikard 3:00 Holiday Lighted Balls Workshop, CFT	7:30 Pickleball, PC 9:00 Tanger Center "Behind the Scenes" Tour & Lunch at Mytho's Grill (R), VS 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Seasonal Craft with Debbie (R), CFT 2:00 Water Volleyball, SP 6:30 Game Night, CR Recycling Pick-up at Garden Homes	8:15 Men's Breakfast: Cracker Barrel (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:00 Portal Training – Session 1, GP 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics & Strength, AER 9:00 Aerobics & Strength, AER 10:00 Coffee and Campus Updates**, GP 10:00 Better Balance, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Alzheimer Association Empowered Caregiver Series**, GP 2:15 Chair Volleyball, AER 2:15 Holiday Lighted Balls Workshop, CFT 3:00 Technology Help with Alamance County Public Library, FSP 6:30 Ballet with Betsy Bullen, FSP	7:30 Pickleball, PC 8:15 Women's Breakfast: Cracker Barrel (R), VS 9:00 Tai Chi Broadcast*, CH 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 2:00 Care and Concern Committee, MR 3:00 Parkinson's Support Group, FSP 6:30 Game Night, CR	9-11 Hinton Farms Market at TVAB, VS Lobby 9:00 Aerobics & Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 3:00 August Birthday Party Social sponsored by Always Best Care, TVN	10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR 7:00 Pickleball, PC
24	25	26	27	28	29	30
1:30 Worship*, GP Sermon by: Mike Shannon 3:00 Holiday Lighted Balls Workshop, CFT	7:30 Pickleball, PC 9:00 Depart for Shopping at Trader Joe's in Greensboro (R), VS 9:00 Tai Chi Broadcast*, CH 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 11:00 Eagle Eye, MR 11:00 Fit & Flexible Pilates, AER 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:00 Fireside Chat with April (R), FSP 2:00 Water Volleyball, SP 6:30 Game Night, CR	Sept. Registration Begins at 9am 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:00 Portal Training – Session 2, GP 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Jill Davis presents "Create a Path to a Healthy Weight"**, GP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	8:00 Aerobics & Strength, AER 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:00 Tai Chi, AER 1:30 Mah-Jongg, CR 2:15 Chair Volleyball, AER 2:15 Holiday Lighted Balls Workshop, CFT 4:00 Resident Showcase, GP	7:30 Pickleball, PC 9:00 Tai Chi Broadcast*, CH 10:00 Caregiver Support Group, FSP 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 3:00 \$.25 Cent Bingo (R), TVN 6:30 Game Night, CR	9-11 Hinton Farms Market at TVAB, VS Lobby 9:00 Aerobics & Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 3:00 Summer Beach Day Fun and Games with Live Music, GP	2:00 Canasta, CR 2:00 The Great Courses, FSP 7:00 Pickleball, PC
31						
1:30 Worship*, GP Sermon by: TBD						

