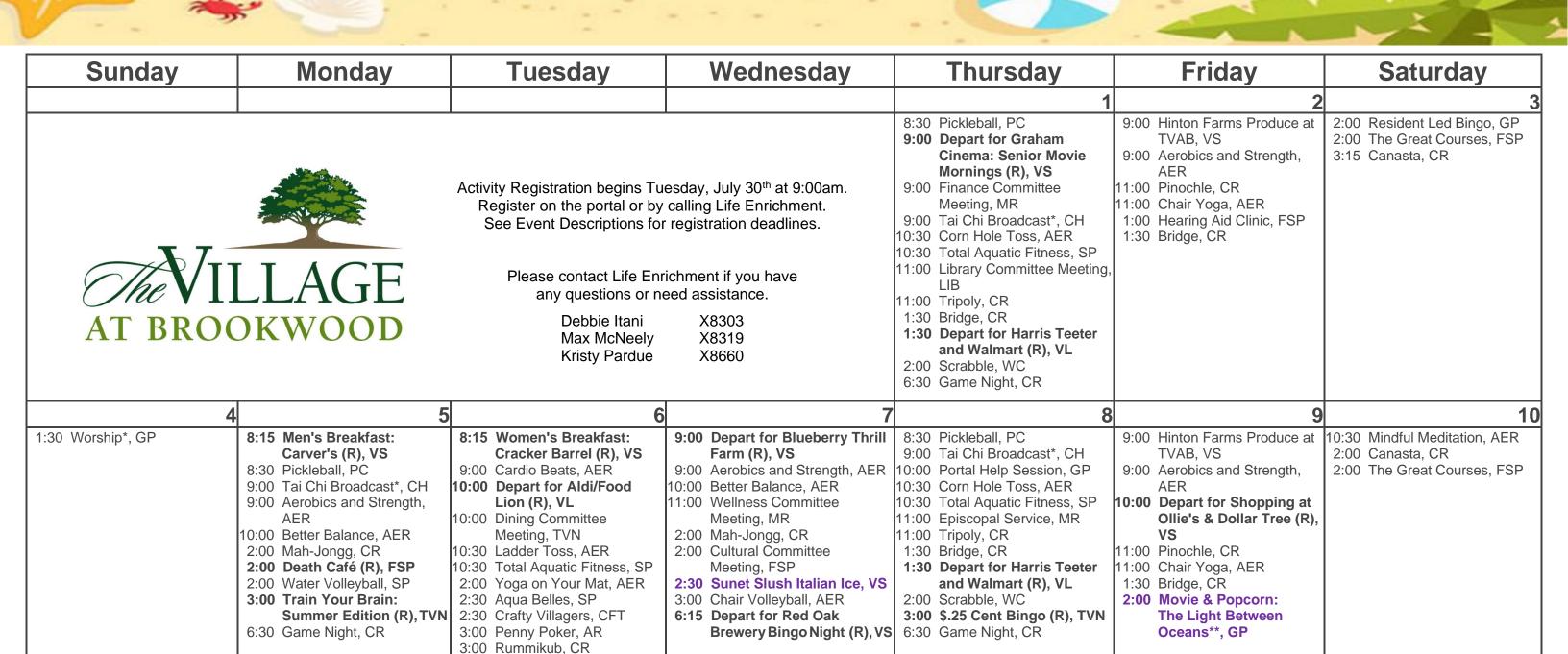
## August 2024



## **Meeting Places**

AER	Aerobics Room	СН	Channel 1390/130.2	GP	Gathering Place	PC	Pickleball Court	VS	Village Square
AR	Activity Room	CR	Club Room	LIB	Library	SP	Swimming Pool	WC	Wellness Center
AS	Art Studio	ES	Edith Street Café	LP	Al Fresco Patio	TVN	The Village Tavern		
CFT	Craft Room	FSP	Fireside Parlor	MR	Meditation Room	VL	Village Landing		

## Key

- \* Activity will be broadcast on Channel 1390
- \*\* Activity will be broadcast and recorded
- (R) Registration is required

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
1:30 Worship*, GP Sermon by: Dennis Carey		9:00 Cardio Beats, AER  10:00 Depart for Aldi/Food Lion (R), VL  10:30 Ladder Toss, AER  10:30 Resident Council Meeting**, GP  10:30 Total Aquatic Fitness, SP  1:45 Upstairs Singer, VS  2:00 TVAB Speaker Series: Little Pink Houses of Hope**, GP  2:00 Yoga on Your Mat, AER  2:30 Aqua Belles, SP  2:30 Crafty Villagers, CFT  3:00 Penny Poker, AR  3:00 Rummikub, CR			9:00 Hinton Farms Produce at TVAB, VS 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Essential Conversations in Healthcare – Orientation (R), GP 6:15 Depart for Robert Buxton Performance at Well-Spring (R), VS	2:00 Resident Led Bingo, GP 2:00 The Great Courses, FSP 3:15 Canasta, CR
18	19	20	21	22	23	24
1:30 Worship*, GP Sermon by: Terry Rikard	AER	8:45 Depart for Museum of Natural Sciences: Amazing Pollinator's Exhibit & Lunch (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Crafty Villagers, CFT 2:30 Aqua Belles, SP 3:00 Penny Poker, AR 3:00 Rummikub, CR	Kraft hosted by Agnes Heller,	· · · · · · · · · · · · · · · · · · ·	9:00 Hinton Farms Produce at TVAB, VS 9:00 Aerobics and Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 3:00 August Birthday Social sponsored by Always Best Care Senior Services, TVN	10:30 Mindful Meditation, AER 2:00 Canasta, CR 2:00 The Great Courses, FSP
25	26	27	28	29	30	31
1:30 Worship*, GP Sermon by: Travis Epperley	AER  10:00 Eagle Eye, MR  10:00 Better Balance, AER  2:00 Mah-Jongg, CR  2:00 Fireside Chat with April  (R), FSP	September Activity Registration Begins at 9:00am 9:00 Day Trip to Caesars Virginia Casino in Danville, VA (R), VS 9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion (R), VL 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Aqua Belles, SP 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	9:00 Aerobics and Strength, AER 10:00 Better Balance, AER 10:30 Pray the Rosary, MR 11:00 Catholic Service, MR 2:00 Mah-Jongg, CR 3:00 Chair Volleyball, AER 3:00 Soda Floats on the Patio, LP 6:30 Dessert & Devotion with Leslie Peavy, FSP	10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR	9:00 Hinton Farms Produce at TVAB, VS 9:00 Aerobics and Strength, AER 10:00 Caregiver Support Group, FSP 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 4:00 Sizzling Summer Beach Day Bash, ES	2:00 Resident Led Bingo, GP 2:00 The Great Courses, FSP 3:15 Canasta, CR  Activity Registration begins Tuesday, July 30 <sup>th</sup> at 9:00am. Register on the portal or by calling Life Enrichment. See Event Descriptions for registration deadlines.

