## Notice of the second se

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May activity registrati Monday, April 28th a Register on the portal or Life Enrichment. See Event for registration deac	on begins t 9:00am.Meeting AER Aero AR Activity Descriptionsby calling t DescriptionsAR Activity AS Art state	Places obics Room CR Club Room vity Room FSP Fireside Parlo Studio GP Gathering Pla	PC Pickleball Court or SP Swimming Pool ace TVN Village Tavern	1 8:15 Men's Breakfast: Grill Worx (R), VS 9:00 Tai Chi Broadcast*, CH 10:00 Property Committee Meeting, MR 10:30 Pickleball, PC 10:30 Corn Hole Toss, AER	2 9:00 Aerobics & Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:00 Homestead Market Mobile Farmer's Market, VS Parking Lot 1:00 Hearing Aid Clinic, FSP	3 10:30 Mindfulness Meditation, AER 1:15 Depart for "Merrily We Roll Along" by Elon Performing Arts (R), VS 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP
Please contact Life Enrich Have any questions or need Max McNeely Kristy Pardue Michelle Burger	nment if you d assistance.	It Room LIB Library nnel 1391/130.2 MR Meditation Ro Key * Activity will be broadcast on Channe ** Activity will be broadcast and record (R) Registration is required	el 1391/130.2	<ul> <li>10:30 Total Aquatic Fitness, SP</li> <li>11:00 Library Committee Meeting, LIB</li> <li>11:00 Tripoly, CR</li> <li>1:30 Bridge, CR</li> <li>1:30 Depart for Harris Teeter and Walmart (R), VL</li> <li>1:30 Line Dancing, AER</li> <li>6:30 Game Night, CR</li> </ul>	1:30 Bridge, CR 2:00 Movie Matinee: This Beautiful Fantastic, GP	3:15 Canasta, CR 4:00 Pickleball, PC
4 1:30 Worship*, GP Sermon by: Travis Epperley	<ul> <li>9:00 Tai Chi Broadcast*, CH</li> <li>9:00 Aerobics &amp; Strength, AER</li> <li>10:00 Better Balance, AER</li> <li>10:30 Shopping and Lunch at Wegman's (R), VS</li> <li>10:30 Pickleball, PC</li> <li>11:00 Fit &amp; Flexible Pilates, AER</li> <li>1:00 Tai Chi, AER</li> <li>2:00 Mah-Jongg, CR</li> <li>2:00 Death Cafe (R), FSP</li> <li>2:00 Water Volleyball, SP</li> <li>3:00 Cinco de Mayo Fiesta, TVN</li> <li>6:30 Game Night, CR</li> </ul>	9:00 Cardio Beats, AER 10:00 Depart for Aldi/Food Lion	9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 10:30 New Resident Orientation, FSP 11:00 TVAB Speaker Series: Onsite Dermatology presents "Healthy Skin and Skin Cancer Awareness"**, GP 1:00 Tai Chi, AER 2:00 Mah-Jongg, CR 2:00 Chair Volleyball, AER 7:00 Dessert and Devotion with Leslie Peavy, FSP	9:00 Depart for Day Trip to Lexington, NC (R), VS 9:00 Tai Chi Broadcast*, CH 10:30 Pickleball, PC 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Episcopal Service, MR 11:00 Tripoly, CR 1:30 Bridge, CR 1:30 Depart for Harris Teeter and Walmart (R), VL 1:30 Line Dancing, AER 3:00 \$.25 Cent Bingo (R), TVN 6:30 Game Night, CR	9:00 Aerobics & Strength, AER 10:00 Wellness Committee Meeting, MR 10:45 Greensboro Symphony Music at Midday**, GP 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR 2:00 Mother's Day Tea sponsored by Always Best Care (R), GP	10 2:00 The Great Courses, FSP 2:00 Canasta, CR 4:00 Pickleball, PC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15		17
1:30 Worship*, GP Sermon by: Terry Rikard	<ul> <li>9:00 Tai Chi Broadcast*, CH</li> <li>9:00 Aerobics &amp; Strength, AER</li> <li>10:00 Depart for Trader Joe's and Lunch at The Loop (R), VS</li> <li>10:00 Better Balance, AER</li> </ul>	<ul> <li>9:00 Cardio Beats, AER</li> <li>10:00 Depart for Aldi/Food Lion (R), VL</li> <li>10:30 Ladder Toss, AER</li> <li>10:30 Resident Council Meeting**, GP</li> <li>10:30 Total Aquatic Fitness, SP</li> <li>2:00 Yoga on Your Mat, AER</li> <li>2:30 Aqua Belles, SP</li> <li>2:30 Crafty Villagers, CFT</li> <li>3:00 Penny Poker, AR</li> <li>3:00 Rummikub, CR</li> </ul>	9:00 Mingle with Marketing, GP	<ul> <li>9:00 Tai Chi Broadcast*, CH</li> <li>10:00 Upstairs Singers, GP</li> <li>10:30 Pickleball, PC</li> <li>10:30 Corn Hole Toss, AER</li> <li>10:30 Total Aquatic Fitness, SP</li> <li>11:00 Lunch Bunch: Ciao Pizza and Italian Restaurant (R), VS</li> <li>11:00 Tripoly, CR</li> <li>1:30 Bridge, CR</li> <li>1:30 Depart for Harris Teeter and Walmart (R), VL</li> <li>1:30 Line Dancing, AER</li> <li>2:00 Care and Concern Committee, MR</li> <li>3:00 Parkinson's Support Group, FSP</li> <li>6:30 Game Night, CR</li> </ul>	<ul> <li>8:00 Essential Conversations in Healthcare (R), VS</li> <li>9:00 Aerobics &amp; Strength, AER</li> <li>9:15 Depart for Sunshine Alpaca Farm and Lunch</li> </ul>	<ul> <li>10:30 Mindfulness Meditation, AER</li> <li>2:00 The Great Courses, FSP</li> <li>2:00 Resident Led Bingo, GP</li> <li>3:13 Canasta, CR</li> <li>4:00 Pickleball, PC</li> <li>6:45 Depart for "Tuck Everlasting" at Studio 1 (R), VS</li> </ul>
18	19	20	21	22	23	24
1:30 Worship*, GP Sermon by: Leslie Peavy	<ul> <li>1:00 Tai Chi, AER</li> <li>2:00 Mah-Jongg, CR</li> <li>2:00 Fireside Chat with April (R), FSP</li> <li>2:00 Water Volleyball, SP</li> <li>3:00 Harpsichord program by Steve Hilton**, GP</li> <li>6:30 Monday Movie Night: The</li> </ul>	3:00 Penny Poker, AR	10:00 Better Balance, AER	<ul> <li>Fairy Hair by Appointment</li> <li>8:15 Women's Breakfast: Cracker Barrel (R), VS</li> <li>9:00 Tai Chi Broadcast*, CH</li> <li>10:30 Pickleball, PC</li> <li>10:30 Corn Hole Toss, AER</li> <li>10:30 Total Aquatic Fitness, SP</li> <li>11:00 Tripoly, CR</li> <li>1:30 Bridge, CR</li> <li>1:30 Depart for Harris Teeter and Walmart (R), VL</li> <li>1:30 Line Dancing, AER</li> <li>3:00 \$.25 Cent Bingo (R), TVN</li> <li>6:30 Game Night, CR</li> </ul>	<ul> <li>9:00 Aerobics &amp; Strength, AER</li> <li>11:00 Pinochle, CR</li> <li>11:00 Chair Yoga, AER</li> <li>1:30 Bridge, CR</li> <li>2:00 Depart for Burlington Carousel and Mayberry's Ice Cream (R), VS</li> </ul>	<ul> <li>2:00 The Great Courses, FSP</li> <li>2:00 Canasta, CR</li> <li>4:00 Pickleball, PC</li> </ul>
25	26	27	28	29	30	31
	10:00 Annual Memorial Day Program** GP	<ul> <li>9:00 Tour of Greensboro Arboretum (R), VS</li> <li>9:00 Cardio Beats, AER</li> <li>10:00 Depart for Aldi/Food Lion (R), VL</li> <li>10:30 Ladder Toss, AER</li> <li>10:30 Total Aquatic Fitness, SP</li> <li>11:00 Eagle Eye, MR</li> <li>2:00 Jill Davis of Humana presents "Fall Asleep, Stay Asleep"**, GP</li> <li>2:00 Yoga on Your Mat, AER</li> <li>2:30 Aqua Belles, SP</li> <li>2:30 Crafty Villagers, CFT</li> <li>3:00 Penny Poker, AR</li> <li>3:00 Rummikub, CR</li> </ul>	June Registration Begins 9am 9:00 Aerobics & Strength, AER 9:30 Depart for Bernie's Berries and Farm Stand (R), VS 10:00 Better Balance, AER 11:00 Catholic Service, MR 1:00 Tai Chi, AER 2:00 Mah-Jongg, CR 2:00 Chair Volleyball, AER	<ul> <li>9:00 Tai Chi Broadcast*, CH</li> <li>10:00 Caregiver Support Group, FSP</li> <li>10:30 Pickleball, PC</li> <li>10:30 Corn Hole Toss, AER</li> <li>10:30 Total Aquatic Fitness, SP</li> <li>11:00 Tripoly, CR</li> <li>1:30 Bridge, CR</li> <li>1:30 Depart for Harris Teeter and Walmart (R), VL</li> <li>1:30 Line Dancing, AER</li> <li>5:00 TVAB Graduation Celebration, GP</li> <li>6:30 Game Night, CR</li> </ul>	<ul> <li>9:00 Aerobics &amp; Strength, AER</li> <li>11:00 Pinochle, CR</li> <li>11:00 Chair Yoga, AER</li> <li>1:30 Bridge, CR</li> <li>2:00 Friday with Friends with Florence Kane: "It's Not Easy, But I Do It"**, GP</li> <li>3:00 May Birthday Party Social sponsored by Always Best Care, TVN</li> </ul>	10:30 Mindfulness Meditation, AER 2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR 4:00 Pickleball, PC