



12	13	14	15	16	17	18
1:30 Worship*, GP Sermon by Leslie Peavy	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics & Strength, AER <b>10:00 Depart for Trader Joe's and Lunch at The Loop (R), VS</b> 10:00 Better Balance, AER 10:30 Pickleball, PC 10:30 Social Committee Meeting, MR 2:00 Mah-Jongg, CR 2:00 Water Volleyball, SP 6:30 Game Night, CR	9:00 Cardio Beats, AER <b>9:00 Coffee &amp; Pastries sponsored by Always Best Care, VS Portico</b> <b>10:00 Depart for Aldi/Food Lion (R), VL</b> <b>10:00 Knitting Class with Beth Barba and friends, CR</b> 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Aqua Belles, SP 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR <b>3:00 The Road to Bach: A Harpsichord Journey with Steven Hilton**, GP</b>	9:00 Aerobics & Strength, AER 10:00 Better Balance, AER <b>11:15 Depart for Lunch Bunch: Culver's (R), VS</b> <b>12-5 The Big Red Bus Blood Drive, Village Square Parking Lot</b> 2:00 Mah-Jongg, CR 2:00 Chair Volleyball, AER 3:00 Resident Association Meeting**, GP 6:45 Dessert and Devotion with Leslie Peavy, FSP	9:00 Tai Chi Broadcast*, CH 10:00 Upstairs Singers, GP 10:30 Pickleball, PC 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR <b>1:30 Depart for Harris Teeter and Walmart (R), VL</b> 1:30 Line Dancing, AER 2:00 Care and Concern Committee, MR 3:00 Parkinson's Support Group, FSP 6:30 Game Night, CR	9:00 Aerobics & Strength, AER <b>10:00 Depart for Shopping at Target (R), VS</b> 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR <b>3:00 Retirement Celebration for Teresa Walker, GP</b>	2:00 The Great Courses, FSP 2:00 Resident Led Bingo, GP 3:15 Canasta, CR 4:00 Pickleball, PC
19	20	21	22	23	24	25
1:30 Worship*, GP Sermon by Terry Rikard	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 10:30 Pickleball, PC 2:00 Mah-Jongg, CR <b>2:00 Fireside Chat with April (R), FSP</b> 2:00 Water Volleyball, SP 6:30 Game Night, CR  <b>Martin Luther King Jr Day</b>	9:00 Cardio Beats, AER <b>10:00 Depart for Aldi/Food Lion (R), VL</b> 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP <b>10:45 Depart for Visit to International Civil Rights Center and Museum and Lunch (R), GP</b> 2:00 Yoga on Your Mat, AER 2:30 Aqua Belles, SP 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	9:00 Aerobics & Strength, AER <b>10:00 Virtual Bingo*, CH</b> 10:00 Better Balance, AER 11:00 Catholic Service, MR 2:00 Mah-Jongg, CR 2:00 Chair Volleyball, AER <b>3:00 Pie a la mode Social, TVN</b>	<b>8:15 Women's Breakfast: The Park (R), VS</b> 9:00 Tai Chi Broadcast*, CH 10:30 Pickleball, PC 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR <b>1:30 Depart for Harris Teeter and Walmart (R), VL</b> 1:30 Line Dancing, AER <b>3:00 \$.25 Cent Bingo (R), TVN</b> 6:30 Game Night, CR	<b>8:15 Men's Breakfast: Cracker Barrel (R), VS</b> 9:00 Aerobics & Strength, AER 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR <b>2:00 Friday with Friends with Frank Kelly**, GP</b>	10:30 Mindfulness Meditation, AER 2:00 Canasta, CR 2:00 The Great Courses, FSP 4:00 Pickleball, PC
26	27	28	29	30	31	
1:30 Worship*, GP Sermon by Travis Epperley	9:00 Tai Chi Broadcast*, CH 9:00 Aerobics & Strength, AER 10:00 Better Balance, AER 10:30 Pickleball, PC 11:00 Eagle Eye, MR 2:00 Mah-Jongg, CR 2:00 Water Volleyball, SP <b>6:30 Monday Night Movie: Green Book, GP</b> 6:30 Game Night, CR	<b>Feb. Registration Begins 9am</b> 9:00 Cardio Beats, AER <b>10:00 Depart for Aldi/Food Lion (R), VL</b> <b>10:00 TVAB Speaker Series: Trinity Talks**, GP</b> 10:30 Ladder Toss, AER 10:30 Total Aquatic Fitness, SP 2:00 Yoga on Your Mat, AER 2:30 Aqua Belles, SP 2:30 Crafty Villagers, CFT 3:00 Penny Poker, AR 3:00 Rummikub, CR	9:00 Aerobics & Strength, AER <b>10:00 Depart for Shopping at Hamrick's in Greensboro (R), VS</b> 10:00 Better Balance, AER 2:00 Mah-Jongg, CR 2:00 Chair Volleyball, AER <b>3:00 Chinese New Year Celebration, TVN</b>	9:00 Tai Chi Broadcast*, CH 10:00 BACA Meeting, MR 10:30 Pickleball, PC 10:30 Corn Hole Toss, AER 10:30 Total Aquatic Fitness, SP 11:00 Tripoly, CR 1:30 Bridge, CR <b>1:30 Depart for Harris Teeter and Walmart (R), VL</b> 1:30 Line Dancing, AER 6:30 Game Night, CR	9:00 Aerobics & Strength, AER 10:00 Caregiver Support Group, FSP 11:00 Pinochle, CR 11:00 Chair Yoga, AER 1:30 Bridge, CR <b>3:00 January Birthday Social sponsored by Always Best Care, TVN</b> <b>6:45 Depart for Joseph Bologna Competition Gala Recital (R), VS</b>	

### Meeting Places

AER	Aerobics Room	CH	Channel 1391/130.2	LIB	Library	TVN	Village Tavern
AR	Activity Room	CR	Club Room	MR	Meditation Room	VL	Village Landing
AS	Art Studio	FSP	Fireside Parlor	PC	Pickleball Court	VS	Village Square
CFT	Craft Room	GP	Gathering Place	SP	Swimming Pool	WC	Wellness Center

### Key

- \* Activity will be broadcast on Channel 1391/130.2
- \*\* Activity will be broadcast and recorded
- (R) Registration is required

